

# UGA MENTOR PROGRAM

## MENTORING COMPACT

*A mentoring compact is a simple agreement that outlines shared expectations between a mentor and mentee. It helps set the tone for open communication, goal-setting, and mutual respect. This compact should be completed together at the beginning of the relationship and referred back to as needed to keep the connection on track.*

**COMMUNICATION PREFERENCES** – Establish clear communication channels and frequency of conversations. Things to consider are:

Preferred method of contact (e.g., email, text, phone, video)

- Best days/times for check-ins
- Ideal frequency of conversations

**GOALS FOR CONNECTIONS** – What do you each hope to gain from this relationship?

Mentee (career guidance, networking tips)	<ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li></ul>
Mentor (sharing experience, giving back)	<ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li></ul>

**FEEDBACK & COMMUNICATION STYLE** – How do you prefer to give and receive feedback/ support?

Mentee	<ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li></ul>
Mentor	<ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li></ul>

**BOUNDARIES & EXPECTATIONS** – Clarify what you do and don't want from the relationship.

We want this connection to focus on:	We do not want this connection to focus on:

### HANDLING CHALLENGES

*How will you handle missed meetings, miscommunication, or scheduling conflict?*