UGA MENTOR PROGRAM RESPONDING TO STUDENT NEEDS

This resource guide is designed to connect students with a wide range of support services available on campus, from academic assistance to mental health and wellness. Whether you're looking for tutoring, career advice, or personal support, you'll find helpful tools and contacts throughout this document.

MENTORING & CAREER RESOURCES

- <u>UMP Resources</u> Our website has a wealth of resources, worksheets, and articles featured on our "Resources" tab that enrich the mentoring experience for mentors and mentees. You can find everything from skills inventories to career development plans to activity ideas for you and your mentee to complete together!
- <u>Handshake</u> UGA's Career Services platform where students can make virtual career counseling appointments and access the online job and internship board
- <u>Career Center Career Guides</u> Use these tailored guides to help your mentee tackle
 everything from finding a career field that interests them to job and internship
 searching to transitioning to life beyond the Arch

UGA RESOURCES

- <u>Student Care and Outreach</u> UGA's SCO office connects students with the well-being and academic resources they need to feel supported on campus . You can make an anonymous referral, and this is a great place to refer your student if you're not sure what they need.
- Engagement, Leadership, and Service The ELS Office provides students multiple ways to engage with the campus community. ELS is the one-stop-shop for students to interact meaningfully with their community and peers.
- Office for Student Success and Achievement OSSA is the expert in academic support on campus, including academic coaching, tutoring, and workshops.
- Office of Student Financial Aid If your mentee has questions related to scholarships, HEERF Grants, or student loans, you can direct them to the Office of Student Financial Aid for more information
- <u>UGA Health Center</u> Besides primary care clinics, the UHC has specialized healthcare
 professionals from various health fields. There is also a pharmacy and laboratory for
 students who may need to pick up their prescriptions on campus or have bloodwork
 or immunizations done
- <u>Student Transitions</u> Student Transitions provide intentional support helping students connect to resources, find their place at UGA, and support their unique needs. They can <u>schedule one-on-one meetings</u> with student leaders just like them who have transitioned successfully to learn about navigating life at UGA whether it's figuring out the bus routes or finding places to connect, they're here to help.
- <u>Bulldog Basics</u> Bulldog Basics provide personal care and toiletry items to UGA students on the Athens campus. Students may fill out an anonymous survey once per week and have their orders ready to be picked up at Dawson Hall

- <u>UGA Student Food Pantry</u> Students may register with PantrySoft and visit the pantry, located in Tate 146, anytime Monday–Friday from 10am–2pm to pick up fresh and nonperishable staples
- <u>SGA Professional Clothing Closet</u> SGA's Professional Clothing Closet provides free, professional clothing for students. As a UGA student, your mentee will have access to one free, professional outfit per academic year.
- <u>Accessibility and Testing</u> UGA's Accessibility and Testing office offers placement tests, graduate requirement exams, and testing/class accommodations
- ASPIRE Clinic The ASPIRE Clinic at the University of Georgia offers a variety of low-cost or no-cost services (therapy, financial planning, nutrition education, legal problem-solving) to individuals, couples, and families throughout our local community in Athens and across Georgia.