

UGA MENTOR PROGRAM

KNOWING YOUR SKILLS ACTIVITY

The Comprehensive Learner Record at UGA is designed to help undergraduate and graduate students best communicate their stories and transferrable skills in their journey to advance their academic and professional careers. This reflection is something we encourage you to share with your mentor and explore ways you can highlight your experiences and potential areas of growth!

Competency	Definition	Examples of Your Experience or Areas to Improve
Critical Thinking	The ability to pursue and comprehensively evaluate information before accepting or establishing a conclusion, decision, or action.	
Analytical Thinking	The ability to reason, interpret, analyze, and solve problems from a wide array of authentic contexts.	
Communication	The ability to reason, interpret, analyze, and solve problems from a wide array of authentic contexts.	
Social Awareness & Responsibility	The capacity to understand the interdependence of people, communities, and self in a global society.	
Creativity & Innovation	The capacity to combine or synthesize existing ideas, images, or expertise in original ways and the experience of thinking, reacting, and working in an imaginative way characterized by innovation, divergent thinking, and risk taking.	
Leadership & Collaboration	The capacity to engage in the relational process of optimizing personal and collective strengths toward a common goal.	

