

INTERN FOR A DAY

SHADOW DAY REFLECTION

These questions are designed to assist you in reflecting on your job shadow day experience. Excellent preparation for any upcoming interviews.

Reflection Activity:

1. What did I like MOST about the information presented during this visit?
2. What did I like LEAST about the information presented during this visit?
3. What have I learned about myself from this visit?
4. Does this company meet my top three job priorities? Why or why not?
5. Additional thoughts/ notes: