

# **INTERN FOR A DAY**

## **LIST OF SHADOW DAY ACTIVITIES**

*This list of activities is to give students and employers an idea of what they could be doing during their shadow day. You do not have to do all of these!*

- Office tour
- Company overview
- Student Q&A
- Icebreaker activity
- Shadow meetings
- Shadow various team members working on certain projects
- Meetings with other departments
- Team building activity
- Have students complete training demos
- Coffee chats
- Lunch outing
- Meeting with HR or Talent Acquisition to discuss open opportunities
- Resume review
- Mock interview and feedback
- Discuss the differences between student life and being a full-time working professional
- Shadow current interns
- Shadow client calls