

## MENTORING SKILLS INVENTORY: PRIORITIZING THE SKILLS YOU NEED TO LEARN

1. Write the skills you need to be a good mentor in first column.
2. Rate your comfort/experience with the skill in second column (1=very comfortable/experienced, 5=very uncomfortable/unexperienced).
3. Rate your passion for the skill in fourth column (1=not passionate, 5=very passionate).
4. Multiple the comfort column with the passion column for the "CP Factor," which reflects the benefit of the skill and the likelihood you will complete it.

Skills	Comfort	X	Passion	CP Factor
1.		X		
2.		X		
3.		X		
4.		X		
5.		X		
6.		X		
7.		X		
8.		X		
9.		X		
10.		X		

Adapted from: Corbett, B, Ho, R., & Colemon, J. (2011). Coaching skills for high performance: The Sherpa guide to coaching for managers. Cincinnati: Sherpa Coaching, LLC.