

UGA MENTOR PROGRAM

BUILDING YOUR BOARD OF DIRECTORS

A personal board of directors is a group of between five and 10 individuals that can help you make sound decisions, give you advice and feedback, challenge your assumptions, broaden your professional network, brainstorm and gut-check ideas, and generally expand your perspective and thinking. Your personal board of directors generally won't be meeting together, but these are people you can count on for meaningful conversations around challenges and opportunities in your work and life.

CHALLENGER

The truth-teller who pushes you to see things clearly and say what needs to be said, even when it's hard to hear.

CHEERLEADER

The encourager who supports you unconditionally, listens without judgment, and reminds you to keep going.

COACH

The motivator who challenges you to grow, helping you set goals and find the path to achieve them.

CONNECTOR

The bridge-builder who expands your network by introducing you to people and opportunities.

MENTOR

The experienced guide who shares wisdom, resources, and advice to help you navigate your development.

ROLE MODEL

The example you admire who demonstrates what's possible through their success and values.

SPONSOR

The advocate who champions your abilities behind closed doors, using their influence to create opportunities for you.

