

UGA MENTOR PROGRAM

HOW CAN A MENTOR HELP ME?

Use this reflection tool to think through your needs, interests, and goals. Your responses can help you determine how a mentor can best support you in your personal and professional journey. This could even be something you share with your mentor at your first meeting to help set goals!

WHAT DO YOU WANT TO LEARN?

WHAT ARE YOUR CAREER INTERESTS?

WHAT SKILLS WOULD YOU LIKE TO DEVELOP?

WHAT WOULD YOU LIKE TO ACCOMPLISH?

**HOW CAN YOU MAXIMIZE YOUR UGA
EXPERIENCE?**

HOW CAN YOU GROW PERSONALLY?