

UGA MENTOR PROGRAM

QUESTIONS TO ASK YOUR MENTEE

This resource provides a list of questions mentors can use to spark meaningful conversations with their mentees. Covering a variety of topics, these prompts are designed to foster connection, growth, and guidance throughout the mentoring relationship.

PERSONAL

1. Where did you grow up?
2. What did you love doing in high school?
3. Who has been most influential in your life?
4. What keeps you energized throughout the day/evening?
5. How do you personally define success?

UGA EXPERIENCE

1. What led you to choose UGA?
2. What factors did you consider when choosing your major?
3. What classes do you enjoy the most? Least?
4. Have you been able to develop a sense of community?
5. What campus activities are you involved in now?
6. Are you interested in leadership opportunities (on campus, in the community or at work)?
7. What have been your most significant moments while at UGA?
8. What has been your favorite aspect of Athens outside of UGA/campus?

SELF REFLECTION / STRENGTHS

1. Have you discovered your strengths? If so, what are they?
 - a. Have you discovered your values, **CliftonStrengths**, or **Enneagram**?
**This would be a great mentoring activity as a pair.*
2. Have you identified the subjects, activities, and things you are most interested in?
 - a. Students can request a TypeFocus or Onenet free [assessment](#) at the UGA Career Center to figure out what areas of life they are most drawn to.

CAREER EXPLORATION & PLANNING

1. What factors did you consider when choosing your career path?
2. Did anyone or anything influence your career decision? If so, who?
3. Can you see yourself being stimulated and fulfilled on your current career trajectory?
4. What kind of lifestyle would you like to create for yourself? What types of careers or jobs would allow you to have that lifestyle?
5. Have you developed a relationship with your dedicated Career Consultant at the UGA Career Center?
6. Have you considered/are you interested in volunteering? Do you know how volunteer experience can benefit your career?